



Family Welcome Letter 2023

If you have any questions, please email

campnefesh@gmail.com

or visit our website www.campnefesh.com

Welcome to Camp Nefesh!

History

Camp Nefesh was created by teenagers in 2018 to welcome new arrivals to the United States. We provide a safe, fun space for your children to learn, play, and grow. Summer camp is a great opportunity for all children to make friends, learn more about their new country, and have fun!

Camp Nefesh is teen-led and relies on donations and volunteers from the community to keep it running. Our partners are Opening Doors Inc., a local refugee resettlement agency, and Congregation B'nai Israel, a local Jewish synagogue. Camp Nefesh is free for all participants. Camp Nefesh is a secular camp and respects participants of all religions.

A Typical Day

We will have camp every weekday (Monday through Friday) from June 19-June 30 from 9:00 am-4:00 pm at Congregation B'nai Israel (3600 Riverside Blvd, Sacramento, CA 95818). All food provided is halal. We will be providing lunch and snacks, but feel free to send your children with food if they are picky or have dietary restrictions. The day will include games, activities, challenges, and other fun camp programming. The color team activities will allow kids to get to know their counselors and other campers their age while doing fun activities. On Thursday (June 22nd & 29th), please send your campers with an extra change of clothes that can get wet and a towel, as we will be doing water activities.

Color Teams

Our camp is split into color teams by age - Red (4-6 years old), Orange (7-8 years old), Yellow (9-10 years old), Green (11-12 years old), Blue (13-14 years old) and Purple (15-17 years old), with several counselors in each group. Many activities will involve everyone, so do not worry if your children are on different teams.

Transportation and COVID Measures

If you requested transportation, transportation will be provided through adult volunteers (18+) who will be picking up from the campers' home and taking them to camp in the morning (between 8:30-9:00 am) The volunteers will also be dropping them off at their houses once camp has finished (between 4:00-4:30 pm). All volunteers and campers in any in-person capacity at Camp Nefesh are highly encouraged to be fully vaccinated. This includes but is not limited to campers, teen counselors, adult volunteers, drivers, etc. Wearing masks or face coverings is also highly recommended. If a camper tested positive for Covid during camp, they will not be allowed to return. If needed, Medical-grade masks and Covid tests will be available at camp.